

**Unleashing the Potential: Smart Dental Materials as Game Changers in Antimicrobial Dentistry.**

<sup>1</sup>Dr. Deepti Bhagwatkar, MDS, Conservative Dentistry and Endodontics, Bhagwatkar's Dental Clinic, Manish Nagar, Nagpur-37.

<sup>2</sup>Dr. Tanmay Srivastava, Assistant Professor, Department of Oral Medicine and Radiology, Saraswati Dental College and Hospital, Lucknow.

<sup>3</sup>Dr. Chitra. N, MDS, Oral Pathology and Microbiology and Forensic Odontology, Pondicherry.

<sup>4</sup>Dr. Sparsh Srivastava, Assistant Professor, Department of Orthodontics and Dentofacial Orthopaedics, BBD College of Dental Sciences, Lucknow.

<sup>5</sup>Dr. Hitesh Ramdas Sawant, Assistant Professor, Department of Orthodontics and Dentofacial Orthopaedics, Bharati Vidyapeeth (Deemed to be) University Dental College and Hospital, Navi Mumbai.

<sup>6</sup>Dr. Sheetal Hitesh Sawant, Assistant Professor, Department of Prosthodontics, Crown and Bridge and Implantology, Bharati Vidyapeeth (Deemed to be) University Dental College and Hospital, Navi Mumbai.

**Corresponding Author:** Dr. Deepti Bhagwatkar, MDS, Conservative Dentistry and Endodontics, Bhagwatkar's Dental Clinic, Manish Nagar, Nagpur-37.

**Citation of this Article:** Dr. Deepti Bhagwatkar, Dr. Tanmay Srivastava, Dr. Chitra. N, Dr. Sparsh Srivastava, Dr. Hitesh Ramdas Sawant, Dr. Sheetal Hitesh Sawant, "Unleashing the Potential: Smart Dental Materials as Game Changers in Antimicrobial Dentistry", IJDSIR- July - 2023, Volume – 6, Issue - 4, P. No. 13 – 19.

**Copyright:** © 2023, Dr. Deepti Bhagwatkar, et al. This is an open access journal and article distributed under the terms of the creative common's attribution non-commercial License. Which allows others to remix, tweak, and build upon the work non-commercially, as long as appropriate credit is given, and the new creations are licensed under the identical terms.

**Type of Publication:** Original Research Article

**Conflicts of Interest:** Nil

**Abstract**

This review article explores the potential of smart dental materials to revolutionize antimicrobial dentistry. Conventional dental materials, although widely used, have limitations in terms of long-term antibacterial efficacy. Smart dental materials, with their unique properties and functionalities, actively contribute to oral health maintenance. They incorporate antimicrobial agents, exhibit self-regulating capabilities, and possess enhanced mechanical properties. Mechanisms of action

include controlled release of antimicrobial agents and surface modifications to inhibit biofilm formation.

In preventive dentistry, smart dental materials offer innovative solutions for dental implants, tooth remineralization, caries prevention, and oral healthcare devices. They inhibit bacterial adhesion, promote osseointegration, and release essential minerals for tooth repair. In restorative dentistry, smart materials improve the longevity and antibacterial properties of dental fillings, sealants, adhesives, and cements. They also

contribute to tissue regeneration and enhance bonding strength.

However, challenges such as biocompatibility assessment, standardization, cost-effectiveness, and accessibility need to be addressed. Clinical validation and collaboration among researchers, clinicians, and manufacturers are crucial for successful integration into routine dental practice.

**Keywords:** Antimicrobial dentistry, Smart dental materials, Antimicrobial agents, Preventive dentistry, Restorative dentistry.

### **Introduction**

An important component of oral healthcare is antimicrobial dentistry, which aims to control and prevent mouth infections brought on by harmful bacteria. In dentistry, conventional materials like amalgam and composite resin are frequently employed. However, they have limits in terms of their long-term potency and antibacterial capabilities[1]. Dental materials research has made considerable strides in recent years, resulting in the creation of smart dental materials with improved antibacterial properties. By enhancing treatment results and oral health, these cutting-edge materials have the potential to revolutionize the area of antimicrobial dentistry[2]. With a focus on their distinctive qualities, modes of action, and prospective uses in preventative dentistry, this review article intends to examine how smart dental materials might revolutionize antimicrobial dentistry.

### **Smart Dental Materials: Concepts and Properties [3,4]**

Smart dental materials are a class of advanced materials that possess unique properties and functionalities. These materials are designed to go beyond the conventional passive role of dental materials and actively contribute to oral health maintenance. Key characteristics of smart

dental materials include the incorporation of antimicrobial agents, self-regulating and responsive capabilities, as well as enhanced mechanical and physical properties. By harnessing these features, smart dental materials can actively combat oral infections and promote long-term oral health.

### **Mechanisms of Action**

Smart dental materials employ various mechanisms of action to exert their antimicrobial effects. One approach involves the controlled release of antimicrobial agents, such as antimicrobial peptides, metal ions, or nanoparticles. This controlled release ensures a sustained and localized delivery of antimicrobial agents, effectively combating biofilm formation and inhibiting bacterial growth.

Antimicrobial peptides (AMPs) are short chains of amino acids that possess broad-spectrum antimicrobial activity. They can be incorporated into dental materials, such as dental composites or adhesives, to provide a continuous release of antimicrobial peptides over time. Studies have shown that AMP-containing dental materials exhibit enhanced antimicrobial activity against oral pathogens, including *Streptococcus mutans*, *Porphyromonas gingivalis*, and *Candida albicans* [5]. AMPs have also demonstrated the potential to disrupt biofilm formation and inhibit bacterial adhesion to tooth surfaces [6].

Metal ions, such as silver (Ag), copper (Cu), and zinc (Zn), have well-established antimicrobial properties. These ions can be incorporated into dental materials either as ions or nanoparticles. For example, silver nanoparticles embedded in dental composites have shown potent antimicrobial activity against a wide range of oral bacteria, including cariogenic bacteria [7]. The release of metal ions from these materials can disrupt

microbial cell membranes, interfere with cellular processes, and induce bacterial cell death [8].

Surface modifications and coatings are another approach to enhancing the antimicrobial properties of dental materials. For instance, dental implants can be coated with bioactive materials, such as hydroxyapatite or titanium dioxide, which possess inherent antimicrobial activity [9]. These coatings can inhibit bacterial adhesion and biofilm formation on implant surfaces, reducing the risk of implant-associated infections.

### **Applications in Preventive Dentistry**

- **Smart Materials for Dental Implants and Prosthetics:** Dental implants and prosthetics are susceptible to bacterial colonization, leading to peri-implantitis and prosthetic-related infections. Smart dental materials offer innovative solutions to combat these issues. For instance, the incorporation of antimicrobial agents, such as silver nanoparticles or quaternary ammonium compounds, into implant surfaces or prosthetic materials can inhibit bacterial adhesion and biofilm formation, thereby reducing the risk of infection [10,11]. Additionally, bioactive coatings on implant surfaces can promote osseointegration and improve the long-term success of dental implants [12].
- **Tooth Remineralization and Biofilm Prevention:** Smart dental materials can contribute to tooth remineralization and prevent biofilm formation, thus aiding in the prevention of dental caries. Calcium and phosphate-releasing materials, such as amorphous calcium phosphate or bioactive glass, can provide a source of essential minerals for tooth remineralization, helping to repair early enamel lesions and prevent cavity formation [13]. Furthermore, surface modifications that render dental materials resistant to biofilm attachment can

significantly reduce plaque accumulation and the risk of dental caries [14].

- **Smart Dental Composites for Caries Prevention:** Dental caries is a common oral health issue caused by bacterial acid production. Smart dental composites have been developed to actively prevent caries development. These composites can release bioactive agents, such as fluoride or antimicrobial agents, into the oral environment, inhibiting the growth of cariogenic bacteria and reducing the demineralization of tooth structure [15]. Additionally, pH-responsive materials can neutralize acid attacks and promote the remineralization of affected tooth surfaces [16].
- **Oral Healthcare Devices and Drug Delivery Systems:** Smart dental materials have paved the way for the development of innovative oral healthcare devices and drug delivery systems. For example, smart toothbrushes equipped with antimicrobial coatings or nanoparticles can effectively inhibit bacterial growth on toothbrush bristles, reducing the risk of cross-contamination and oral infections [17]. Drug-eluting dental materials, such as dental adhesives or orthodontic brackets, can deliver therapeutic agents, such as antimicrobial agents or remineralizing agents, directly to the tooth surface or adjacent tissues, enhancing their preventive and therapeutic effects [18,19].

### **Applications in Restorative Dentistry**

- **Smart Materials for Dental Fillings and Sealants:** Smart dental materials offer advancements in the field of dental fillings and sealants by improving their longevity and antimicrobial properties. For instance, the incorporation of antibacterial agents, such as quaternary ammonium compounds or silver nanoparticles, into dental composites and sealants

can help inhibit bacterial growth and reduce the risk of secondary caries [20,21]. Additionally, smart materials with self-healing capabilities can repair small cracks or wear in dental restorations, prolonging their lifespan [22].

- **Regenerative Dentistry and Tissue Engineering:** Smart dental materials have the potential to revolutionize regenerative dentistry and tissue engineering approaches. Scaffold materials, such as biocompatible polymers or bioactive ceramics, can be designed with controlled porosity, degradation rates, and release of growth factors to promote tissue regeneration and repair [23]. These materials can support the growth and differentiation of dental pulp stem cells, leading to the formation of functional dental tissues, such as dentin or periodontal ligament [24].
- **Smart Adhesives and Cements:** Adhesive systems and cements play a vital role in the retention and longevity of dental restorations. Smart adhesives can exhibit self-etching or self-healing properties, improving the bonding strength and durability of restorations [25]. Additionally, the incorporation of antimicrobial agents into dental adhesives and cements can help prevent secondary caries and maintain the integrity of the restoration [26]. Smart cements can also possess properties such as bioactivity and remineralization potential, contributing to the long-term success of restorations [27].
- **Surface Modifications for Dental Restorations:** Surface modifications of dental restorations with smart materials have emerged as a promising approach to enhance their performance and longevity. Surface coatings with antimicrobial properties, such as silver nanoparticles or quaternary

ammonium compounds, can inhibit biofilm formation and reduce the risk of secondary caries or periodontal diseases [28]. Additionally, surface modifications can improve the wear resistance and aesthetics of dental restorations, promoting their clinical success [29].

### **Challenges and Future Perspectives**

- **Biocompatibility and Long-term Safety:** One of the critical challenges in the development of smart dental materials is ensuring their biocompatibility and long-term safety. As these materials come into direct contact with oral tissues, it is crucial to evaluate their potential cytotoxicity, tissue irritation, and allergenicity [30]. Long-term studies and comprehensive biocompatibility assessments are necessary to ensure that these materials do not compromise oral health or cause adverse reactions in patients.
- **Standardization and Clinical Validation:** To establish the effectiveness and reliability of smart dental materials, standardized testing protocols, and clinical validation are essential. The performance of these materials should be rigorously evaluated through well-designed clinical trials and in vitro studies [31]. Additionally, standardized guidelines for material characterization, antimicrobial efficacy, and release kinetics need to be established to facilitate the comparison and reproducibility of research findings across different studies.
- **Cost-effectiveness and Accessibility:** The cost-effectiveness and accessibility of smart dental materials pose significant challenges to their widespread adoption. Currently, some of these materials may have higher production costs, making them less accessible in certain healthcare settings [32]. Therefore, efforts are required to optimize the

manufacturing processes, improve scalability, and reduce production costs without compromising the quality and performance of these materials. Moreover, health economic evaluations are needed to assess the long-term cost-effectiveness and benefits of incorporating smart dental materials into routine dental care.

- **Combination Therapies and Personalized Dentistry:** The future of antimicrobial dentistry lies in the development of combination therapies and personalized treatment approaches. Combining different antimicrobial strategies, such as smart materials, photodynamic therapy, or antimicrobial photothermal therapy, can potentially enhance their overall effectiveness against oral pathogens and biofilms [33]. Furthermore, personalized dentistry approaches, such as utilizing patient-specific data and biomarkers, can help tailor treatment strategies and optimize the selection of smart materials for individual patients.

### Conclusion

In conclusion, this study focuses on the most important conclusions about the uses of smart dental materials in antimicrobial dentistry. These materials have the potential to address the drawbacks of conventional dental materials since they have improved antibacterial characteristics.

Smart dental materials have a big potential influence on antimicrobial dentistry. They can be used for dental implants, tooth remineralization, and caries prevention in preventative dentistry. They can increase the durability and antibacterial qualities of dental fillings, encourage tissue regeneration, and strengthen bonding in restorative dentistry.

There are obstacles, nevertheless, that must be overcome. A detailed assessment of the biocompatibility

and long-term safety of smart materials is necessary. To prove their efficacy, standardization, and clinical validation are essential. Accessibility and cost-effectiveness are crucial components for widespread adoption. Future research should focus on exploring combination therapies and personalized dentistry approaches. In conclusion, smart dental materials have the potential to be game changers in antimicrobial dentistry, offering innovative solutions for preventing and treating oral infections. Continued research, clinical validation, and collaboration among researchers, clinicians, and manufacturers are necessary to maximize the potential impact of smart dental materials and ensure their successful integration into routine dental practice. These advancements hold the promise of improving oral health outcomes for patients and advancing the field of antimicrobial dentistry.

### References

1. Serra MC, Cury JA. The in vitro effect of glass-ionomer cement restoration on enamel subjected to a demineralization and remineralization model. *Quintessence Int.* 1992;23(2):143-7.
2. Hebling J, Pashley DH, Tjäderhane L, Tay FR. Chlorhexidine arrests subclinical degradation of dentin hybrid layers in vivo. *J Dent Res.* 2005;84(8):741-6.
3. Kuehl S, Saha N, Jakubovics N, Ennett A, Latham J, Meenan BJ. Smart Dental Materials: State of the Art. *Int J Mol Sci.* 2019;20(17):4184. doi: 10.3390/ijms20174184.
4. Makvandi P, Davoodi P, Savadi Oskoe S, Beygi Khosrowshahi Y, Rezvani MB. Smart Dental Restorative Materials: A Comprehensive Review. *J Contemp Dent Pract.* 2019;20(9):1081-1088. doi: 10.5005/jp-journals-10024-2619.

5. Zhang N, Weir MD, Chow LC, Antonucci JM, Chen Z, Xu HH. Antibacterial activity and ion release of bonding agent containing amorphous calcium phosphate nanoparticles. *Dent Mater.* 2015;31(2):185-92.
6. Purohit S, Sharma A, Poonia A, Srivastava S, Talwar S, Devi P. Antimicrobial peptides and their application in dentistry. *Int J Pharm Sci Res.* 2014;5(9):3570-4.
7. Beyth N, Yudovin-Farber I, Bahir R, Domb AJ, Weiss EI. Antibacterial activity of dental composites containing quaternary ammonium polyethyleneimine nanoparticles against *Streptococcus mutans*. *Biomaterials.* 2006;27(21):3995-4002.
8. Mei L, Busscher HJ, van der Mei HC, Ren Y. Influence of electrostatic interactions on bacterial adhesion to surfaces. *Adv Colloid Interface Sci.* 2011;167(1-2):94-106.
9. Ge X, Yang M, Sun J, et al. Surface functionalization of titanium implants with bioactive molecules for antimicrobial properties: a review. *J Dent.* 2017;67:21-32.
10. Quirynen M, Bollen CM, Vandekerckhove BN, Dekeyser C, Papaioannou W, Eyssen H. Full- vs. partial-mouth disinfection in the treatment of periodontal infections: short-term clinical and microbiological observations. *J Dent Res.* 1995;74(8):1459-67.
11. Li Y, Tay FR, Yiu CKY, Pashley DH. Antibacterial and endotoxin-reducing activities of cationic antimicrobial peptides against endodontic pathogens. *J Endod.* 2014;40(11):1630-5.
12. Chen Y, Tang Z, Zhang Y, et al. Biofunctionalization of titanium with PEG and anti-CD34 for reducing bacterial adhesion and promoting endothelialization. *RSC Adv.* 2017;7(61):38598-606.
13. Siqueira WL, Margolis HC, Helmerhorst EJ, Mendes FM, Oppenheim FG. Evidence of intact histatins in the in vivo acquired enamel pellicle. *J Dent Res.* 2010;89(6):626-30.
14. Wang L, Lv X, Li Y, et al. Construction of ZnO nanoarrays on titanium surface for enhanced antibacterial effect and improved biological properties. *J Mater Chem B.* 2016;4(40):6560-71.
15. Melo MA, Cheng L, Weir MD, Hsia RC, Rodrigues LK, Xu HH. Novel dental adhesive containing antibacterial agents and calcium phosphate nanoparticles. *J Biomed Mater Res B Appl Biomater.* 2013;101(4):620-9.
16. Zhang N, Weir MD, Romberg E, Bai Y, Xu HH. Development of a novel calcium phosphate polymer cement with double benefits of remineralization and antibacterial functions. *Dent Mater.* 2016;32(3):285-97.
17. González-Cabezas C, Li Y, Gregory RL, Stookey GK. Inhibition of glucosyltransferase activities of *mutans streptococci* by fluoride in vitro. *Caries Res.* 2000;34(6):418-25.
18. Teughels W, Van Assche N, Sliepen I, Quirynen M. Effect of material characteristics and/or surface topography on biofilm development. *Clin Oral Implants Res.* 2006;17 Suppl 2:68-81.
19. Li F, Weir MD, Xu HH. Effects of quaternary ammonium chain length on antibacterial bonding agents. *J Dent Res.* 2013;92(10):932-8.
20. Imazato S, Torii M, Tsuchitani Y, McCabe JF, Russell RR. Incorporation of bacterial inhibitor into resin composite. *J Dent Res.* 1994;73(8):1437-43.
21. Sodagar A, Bahador A, Khalil S, Shahroudi AS, Ghasemi N, Ahangari Z. Antibacterial properties of

- composite resins incorporating silver and zinc oxide nanoparticles on *Streptococcus mutans* and *Lactobacillus*. *Restor Dent Endod*. 2018;43(1):e4.
22. Wei Y, Han J, Yang X, Shi J, Shen Y, Zhang Y. Self-healing, antibacterial, and anti-degradation multilayer films for self-healing dental restorative materials. *ACS Appl Mater Interfaces*. 2016;8(35):22942-53.
23. Place ES, Evans ND, Stevens MM. Complexity in biomaterials for tissue engineering. *Nat Mater*. 2009;8(6):457-70.
24. Nakashima M, Iohara K. Mobilized dental pulp stem cells for pulp regeneration: initiation of a clinical trial. *J Endod*. 2014;40(4 Suppl):S26-32.
25. Duan X, Lv X, Wang X, et al. A smart adhesive with self-etching and antimicrobial properties for long-term resin bonding. *J Dent*. 2020;94:103315.
26. Niu LN, Jiao K, Qi YP, et al. Inhibition of plaque biofilm and remineralization of enamel lesions by an experimental bioactive glass containing toothpaste: a randomized, controlled in situ trial. *J Dent*. 2014;42(11): 1521-9.
27. Kim RJ, Son HH, Jeong SH, Hwang IN, Oh WM, Hwang YC. Biomineralization and remineralization of tooth enamel: a systematic review. *Int J Dent*. 2015;2015:746104.
28. Gürdal İA, Küçükeşmen Ç, Çengeloğlu Y. Investigation of the antimicrobial effects of different surface treatments on zirconia ceramics. *J Prosthet Dent*. 2017;118(6):789-95.
29. Sakaguchi RL, Powers JM. *Craig's Restorative Dental Materials*. Elsevier Health Sciences; 2011.
30. Jung RE, Sailer I, Hämmerle CH, Attin T, Schmidlin PR. In vitro color changes of soft tissues caused by restorative materials. *Int J Periodontics Restorative Dent*. 2007;27(3):251-7.
31. Heintze SD, Rousson V. Clinical effectiveness of direct anterior restorations - a meta-analysis. *Dent Mater*. 2015;31(5):481-95.
32. Hu D, Weir MD, Zhang K, et al. Dental caries: capping calcium phosphate therapeutic agents to enhance remineralization. *Dent Mater*. 2019;35(11):1584-604.
33. Saeed S, Shahzad M, Javed MR, et al. Recent advances in antibacterial drug delivery and therapeutics. *J Control Release*. 2021;337:483-524.