

Cervical Microleakage in Class II Restorations- An In -Vitro Study

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Abstract

Aim: The purpose of this In-vitro study was to determine the effect of different placement techniques on gingival microleakage of giomer and composite restorations.

Materials and methods: 32 Class II preparations were created in 16 extracted molar teeth with cervical margins 1mm below the CEJ. The teeth were divided into 4 groups of 4 teeth each.

Group 1: Teeth were restored with Snow-plow technique using Beautifil II and Beautiful flow.

Group 2: Teeth were restored with Horizontal increment technique using Beautifil II.

Group 3: Teeth were restored with Snowplow technique using nano filled flowable composite and Nanohybrid composite.

Group 4: Teeth were restored with Horizontal increment technique using Nanohybrid composite.

After thermocycling & immersion in 2% methylene blue, the teeth were sectioned and dye penetration was evaluated under a stereo micro scope at 25x magnification.

Inferential statistics: Kruskal wallis test followed by Mann Whitney post hoc test will be used to compare the cervical micro leakage scores between different study groups. The level of significance will be set at $P < 0.05$.

Results: According to the comparison, snowplow restorations showed least micro leakage followed by horizontal increment technique.

Conclusion: Microleakage was clinically significantly lower in snowplow restorations compared to the horizontal increment technique, which has lower microleakage. Our future scope is snowplow restorations can provide the best marginal seal clinically.

Keywords: Horizontal Increment, Buccolingual, Restorations

Introduction

The placement of restorative material in teeth is not an easy task and it poses many challenges.¹

Marginal discoloration, secondary caries, restoration failure and pulpitis are the results of insufficient sealing. Hence, the interface between the restoration and dental hard tissue is an area of clinical concern. One of the weakest aspects of class II composite resin restorations is microleakage at the gingival margin of mesial and distal cavity boxes.²

The success of any restoration material depends on marginal integrity.¹ The marginal ingress of oral fluids and bacteria between the tooth – restoration interface is termed as microleakage or marginal leakage. The ability to maintain an unfailling margin improves the durability of a restoration to a large extend.³

The placement techniques proved to be important for longevity of these materials.¹ Failure associated with

these restorations is invariably due to the use of improper technique and microleakage at the gingival margin.

Figure 1:



Materials and methods Procedure

All the required armamentarium and the restorative materials for the study were procured.

Step 1: Sixteen intact extracted molars devoid of caries, restoration, and cracks were chosen for the study. Standardized class II box only cavities were prepared on either of the proximal surfaces with rounded internal line angles and a Cavo surface margin at 90° to the tooth surface.

Step 2: The dimensions of the cavities were as follows: - buccolingual width = 3 mm, mesiodistal width = 2 mm, and gingival floor = 1 mm below the cemento enamel junction. Cavity preparations were performed using a diamond dome-shaped fissure bur and cooled in water a high-speed air turbine handpiece.

Step 3: Self etch adhesive was applied to the cavity walls and cured for 20 sec.

Step 4: Teeth were restored.

Figure 2:



Group I



Group II



Group III



Group IV

Restorative materials used

Group I: Teeth were restored with Snow-plow technique using Beautifil II and Beautifil flow (Shofu).

Group II: Teeth were restored with Horizontal increment technique using Beautifil II (Shofu).

Group III: Teeth were restored with Snowplow technique using nano filled flowable composite and Nanohybrid composite (Filtek 3M).

Group IV: Teeth were restored with Horizontal increment technique using Nanohybrid composite (Filtek 3M).

Figure 3:





- Step 5: The restored teeth were subjected to 500 thermocycles of between 5°C and 55°C in water baths, with a 30-second dwell time.
- Step 6: The Samples were then immersed in a 2% methylene blue solution for 24 hours at 37°C.
- Step 7: Each tooth then was sectioned mesiodistally with diamond disc, and the extent of micro leakage was scored using the international standard organization (ISO) micro leakage scoring system.
- Step 8: Sectioned restorations were examined under a stereo microscope (Wuzhou New Found Instrument Co. Ltd. China Model: XTL 3400E) at 25× magnification.

Figure 4:



Cervical dye penetration score

- Score 0: No dye penetration
- Score 1: Dye penetration into 1/2 of the cervical wall
- Score 2: Dye penetration into all the cervical wall
- Score 3: Dye penetration into cervical and axial walls

Figure 5:

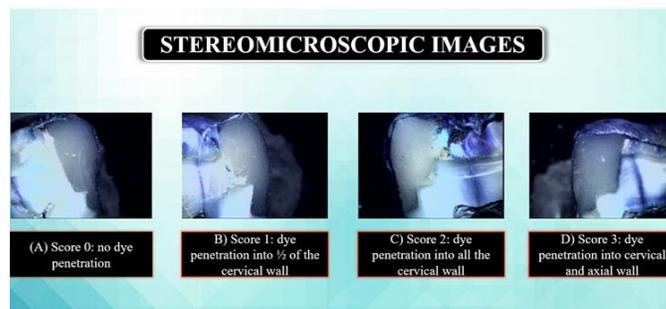


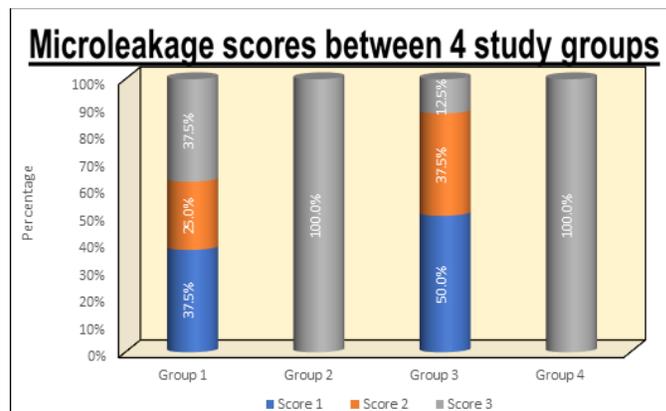
Table 1:

Sl	Micro Leakage Scores			
	Group 1	Group 2	Group 3	Group 4
1	Score 3	Score 3	Score 1	Score 3
2	Score 3	Score 3	Score 2	Score 3
3	Score 2	Score 3	Score 1	Score 3
4	Score 3	Score 3	Score 3	Score 3
5	Score 1	Score 3	Score 1	Score 3
6	Score 1	Score 3	Score 2	Score 3
7	Score 1	Score 3	Score 1	Score 3
8	Score 2	Score 3	Score 2	Score 3

Table 2:

Comparison of Micro leakage scores between 4 study groups using Kruskal Wallis Test										
Micro leakage score	Group 1		Group 2		Group 3		Group 4		KH Value	P-Value
	n	%	n	%	N	%	n	%		
Score 1	3	37.5%	0	0.0%	4	50.0%	0	0.0%	18.555	<0.001*
Score 2	2	25.0%	0	0.0%	3	37.5%	0	0.0%		
Score 3	3	37.5%	8	100.0%	1	12.5%	8	100.0%		

Graph 1:



Statistical analysis

Kruskal Wallis test followed by Mann Whitney post hoc test was used to compare the cervical micro-leakage scores between different study groups.

The level of significance [P-Value] was set at $P < 0.05$

Results

Multiple pairwise comparison between groups showed that group 3 demonstrated significantly lesser micro leakage scores as compared to Group 2 & 4 at $P = 0.001$, which was followed by Group 1 exhibiting with lesser micro leakage scores as compared to Group 2 & 4 at $P = 0.01$. However, no significant difference was noted between Group 1 & 3 [$P = 0.40$] and also between Group 2 & 4 [$P = 1.00$]

According to the comparison, snowplow restorations showed least microleakage followed by horizontal increment technique.

Discussion

The success of any restoration material depends on marginal integrity. Polymerization shrinkage results in micro leakage.¹

In majority of clinical situations, the relative lack of adaptation may possibly occur fairly due to polymerization contraction and excessive temperatures inside the oral cavity.¹

Microleakage involves many factors, such as dimensional changes in materials due to polymerization shrinkage, thermal contraction, absorption of water, mechanical stress and dimensional changes in tooth structure.⁴

All such kinds of spaces usually permit the infiltration of microorganisms, fluids, and other elements from the intraoral atmosphere along the tooth/restoration junction, which may result in postoperative sensitivity, marginal deterioration, recurrent caries, and pulp injury.⁵

Monomer molecules are converted into a polymer network and hence, exchanges van der Waals spaces into covalent bond spaces, forming tightening stresses in the resin composite leading to microleakage.⁶

Thermocycling is the in vitro process of subjecting the restoration on the tooth to temperature extremes compatible with the oral cavity. This simulates introduction of hot and cold extremes in the oral cavity and shows the relationship between coefficient of thermal expansion between the tooth and restorative material.⁷ In this study the restored teeth were subjected to 500 thermocycles of between 5°C and 55°C in water baths, with a 30-second dwell time. Some authors reported the absence of any influence of thermocycling on micro leakage⁸ while others show an increase in microleakage at the cementum dentin restoration interface after thermal stress.⁹

The properties of the Beautifil II are closer to the tooth structure and fluoride uptake is from the pre-reacted giomer calcium fillers. This may be explained by the fact that beauty bond employs an interesting chemical approach for maximizing the union (mechanic) and bonding (chemical) to tooth substrates.¹⁰

Beautibond contains a monomer of carboxylic acid that promotes bonding to dentin and phosphonic acid to generate bonding to enamel.¹⁰

In the present study Group 1 (Teeth were restored with Snow-plow technique using Beautifil II and Beautifil flow) and Group 3 (Teeth were restored with Snowplow technique using nano filled flowable composite and Nanohybrid composite) showed least microleakage scores as compared to group 2 and 4. In snowplow technique, a small amount of flowable composite can be found in such areas of the cavity where the high-viscosity resin composite does not completely adapt to the cavity wall, which may lead to voids. As in this

procedure both flowable and restorative composites are co-cured, the remaining flowable composite will absorb the volumetric changes and can stretch or flow to allow stress relaxation.¹¹

The use of an elastic resin layer between the composite resin and adhesive system has been proposed as an alternative to creating an adhesive interface without the presence of gaps.^{12,13} This intermediary layer is able to minimize the shrinkage stress generated during polymerization shrinkage and promote more effective sealing to the tooth structure due to its lower modulus of elasticity and consequently, is effective in reducing gaps between restoration and tooth, thus reducing leakage.^{14,15}

In addition low viscosity resins have lower amount of filler and higher proportion of diluent monomers in their formulation, which offer lower viscosity, resulting in better adaptation to the internal wall cavity, easier insertion and greater elasticity compared to conventional composites.¹⁶ The low modulus of elasticity might imply that the material support and dispelling of tension generated by thermal stresses and chewing act as a modulator of stress between conventional composites and the inner wall of the tooth.^{14,17,18}

On this basis, it is assumed that co-curing of flowable and restorative composites would also result in less polymerization shrinkage and subsequently less microleakage.

Because of higher resin content, the flowable composites demonstrate up to three times greater polymerization shrinkage than do standard hybrid composite formulations.¹⁰

Conclusion

Microleakage was clinically significantly lower in snowplow restorations compared to the horizontal increment technique, which has lower microleakage. Our

future scope is snowplow restorations can provide the best marginal seal clinically.

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